

New Xulon Book: Preparing for Re-Tyrement Not Retirement

Dr. Shirley E. Cadogan assists readers to fulfill God's purpose for their senior years – to continue to be active in His service and finish strong

Maitland, FL ([PRWEB](#)) February 18, 2016 -- Dr. Shirley E. Cadogan's new book, [PREPARING FOR RE-TYREMENT – Finishing Strong](#), (\$13.99, paperback, 9781498440714; \$6.99, e-book, 9781498440721) is in direct response to God's instructions. The author believes that God allowed her to have the specific experiences shared, out of which the burden for this book emerged. The underlying philosophy is that God does not want His children to retire. He wants them to re-tyre – to put on new and different 'tyres', in order to continue to be active in His service. This book can help all age groups, but especially those over forty. The concern is for the spiritual, physical, mental, emotional and financial health of senior persons in general and Christians in particular. The author shares some of her personal experiences in order to remind readers that God has a plan for all the seasons of their lives. You need to choose His plan for the senior years, because it is superior. You need to finish strong.

“Readers should become aware of the need to prepare for the senior years, spiritually, mentally, socially, physically and financially,” states the author. “My book will assist them to prepare. The aim is for them to live happy, fulfilled senior years, and to finish strong for God's glory.”

Dr. Shirley E. Cadogan has been a Christian for more than fifty years. She retired early from the Public Service of Trinidad and Tobago as a Budget Supervisor, Ministry of Finance, after thirty-five years, in obedience to the call of God to re-tire. Following the instructions of God, she enrolled in Bible school, and went on to earn a Bachelor, Master, and a PhD degree in Christian Education. She has been a part-time lecturer at the Caribbean Nazarene College, Trinidad and Tobago, since 2003. The writing of this book, inclusive of the name, was in direct response to God's instructions to her. She is a living example of how one can prepare for re-tyrement.

Xulon Press, a division of Salem Media Group, is the world's largest [Christian self-publisher](#), with more than 15,000 titles published to date. Retailers may order [PREPARING FOR RE-TYREMENT – Finishing Strong](#) through Ingram Book Company and/or Spring Arbor Book Distributors. The book is available online through xulonpress.com/bookstore, amazon.com, and barnesandnoble.com.

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