

Hemphill and Team TRIMSPA® Look for Win During $\hat{A} \square$ Take TwoÂ \square in Music City

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Cedar Knolls, NJ (PRWEB) August 12, 2004 -- With six wins and five Pork Pole awards, Ryan Hemphill $\hat{A} \Box s$ accomplishments in this season $\hat{A} \Box s$ ARCA $\hat{A} \blacksquare RE/MAX\hat{A} \blacksquare Series$ are impressive. However, things did not start so well for the 22-year-old rookie from Apollo, Pennsylvania. The season $\hat{A} \Box s$ second race, at Nashville Superspeedway $\hat{A} \blacksquare s$, saw Hemphill set a new qualifying track record then dominate the race before a late race encounter with a lap car resulted in a disappointing 15th place finish. This week Hemphill returns to that site for a shot at redemption. He will pilot his #64 TRIMSPA Dodge $\hat{A} \blacksquare s$ in the running of the Waste Management $\hat{A} \blacksquare s$ 200 at the 1.33-mile concrete oval.

$\hat{A}\Box$ This one has been marked on my calendar for some time now, $\hat{A}\Box$ said Hemphill. $\hat{A}\Box$ The first race at
Nashville was devastating to lose and I really want to make up for that. I have learned a lot since then and I am
sure I would react differently next time $\hat{A}\Box$ with a much better result. $\hat{A}\Box$

Hemphill has been on an incredible run since that first Nashville race back in early April. In the nine ARCA events since then, Ryan has won an unprecedented six races, along with four additional pole awards.

This week Ryan and his TRIMSPA team will run the same car they ran in the previous Nashville race; the #64 TRIMSPA Dodge that the Team used in three of their wins $\hat{A} \square$ Kentucky, Charlotte and Kansas. The car, heavily damaged by a blown tire in the Michigan event, has been rebuilt by the Braun Racing crew with the confidence that it is, overall, a better car than before.

$\hat{A}\Box I$ am really pumped up about this week, $\hat{A}\Box$ stated Ryan. $\hat{A}\Box I$ know my guys have worked hard on repairing
this car and will prepare a good set-up for me. We obviously have some real good notes to go by from the race
earlier this year at the track. I really like the Nashville track and I won an All-Pro race here a few years ago Â
but I really want to make up for what happened in the first race here this year. All of us on this team are on top
of our game right now and hopefully it will continue here throughout the end of the season.Â□

Hemphill is indeed on top of his game; coming off 3 consecutive wins in the ARCA RE/MAX Series (Kentucky, Gateway and Pocono) as he heads into Nashville this week. Still on his agenda is his attempt at winning the Superspeedway Challenge Championship and adding a few short track events to secure the Rookie of the Year honor.

The green flag for the running of the 150 laps of the Waste Management 200 is scheduled to wave at 2:00 p.m. ET on Saturday with Live coverage on Speed Channel®.

TRIMSPA®, a Cedar Knolls, New Jersey company is the maker of TRIMSPA® X32 and the leader in weight-loss supplements. TRIMSPA is a key sponsor in the NASCAR®, racing circuit through Braun Racing, supported various events and has worked with numerous charitable organizations including the Millennium Women's Foundation, Susan G. Komen Breast Cancer Foundation®, American Cancer Society®, and Make-A-Wish Foundation®. TRIMSPA®, has helped celebrities like Anna Nicole Smith and heavyweight boxer Shannon Briggs lose weight. For more information about TRIMSPA and its products visit



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