



Darlington a Favorite for Hmiel and Team TRIMSPA®

This weekend at Darlington Raceway®, Shane Hmiel will pull his second straight double duty weekend for Team TRIMSPA. Hmiel will drive the No. 15 TRIMSPA Silverado in Friday's Craftsman® truck series race, and the TRIMSPA X32 Dodge® in Saturday's BI-LO® 200 Busch® Series race.

Darlington, SC/Cedar Knolls, NJ ([PRWEB](http://www.prweb.com)) November 14, 2004 -- This weekend at Darlington Raceway®, Shane Hmiel will pull his second straight double duty weekend for Team TRIMSPA. Hmiel will drive the No. 15 TRIMSPA Silverado in Friday's Craftsman® truck series race, and the TRIMSPA X32 Dodge® in Saturday's BI-LO® 200 Busch® Series race.

“Racing in Friday's truck race should give me an edge on the same track the next day,” said Hmiel, who will be making his third start in the TRIMSPA X32 Dodge this weekend. “Darlington is one of my absolute favorite tracks, the surface and the multiple racing grooves make it a real driver's racetrack. I can't wait to run in the first night race at Darlington on Friday. I won a NASCAR Goody's® Dash Series race there and should have won last fall in the Busch Series but my engine blew up. I believe that both the TRIMSPA Craftsman truck and the Busch car have a shot at winning races this weekend.”

Not only is Darlington Raceway a favorite track of driver Shane Hmiel, but it is also one of crew chief Todd Lohse's favorites. Lohse led Braun Racing to a top-five finish there earlier this year, and has elected to bring the same chassis back for this weekend's race. Chassis BR10 will be the final Dodge car Team TRIMSPA will bring to the racetrack, as a manufacturer's switch to Chevrolet will occur for the race in Homestead. No matter which make he drives, Hmiel is ready to top his career best Darlington finish of 13th set in March of 2003.

“Darlington is a demanding track and you really have to have your car under control,” said Hmiel. “This track shows what a driver is made of. It is really tough to pass because it is so narrow, especially since they added the new safer barrier. At Darlington you have to know how to save your tires for the later runs. It's overall a fast track for being just over a mile. You just have to find the line that works best for you, stay up on the wheel and save your tires.

“Team TRIMSPA has two more races left in the 2004 NASCAR Busch Series season. This weekend's race is the BI-LO 200 at Darlington Raceway on Saturday, November 13th. The event will be televised live at 1 p.m. eastern time on TNT® and broadcast nationally on radio stations affiliated with MRN® and XM Satellite Radio Channel 144.

TRIMSPA®, a Cedar Knolls, New Jersey company is the maker of TRIMSPA® X32, the leader in weight-loss supplements. TRIMSPA is a key sponsor in the NASCAR®, racing circuit through Braun Racing, supported various events and has worked with numerous charitable organizations including the Millennium Women's Foundation, Susan G. Komen Breast Cancer Foundation®, American Cancer Society®, and Make-A-Wish Foundation®. TRIMSPA®, has helped celebrities like Anna Nicole Smith and heavyweight boxer Shannon Briggs lose weight. For more information about TRIMSPA and its products visit <http://www.trimspa.com> or call 1-800-TRIMSPA.

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