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FOR IMMEDIATE RELEASE

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NMDOT discourages shopping in groups
Message boards provide COVID-19 instruction to shop alone

SANTA FE – The New Mexico Department of Transportation is advising people to shop alone to reduce the spread of COVID-19.

“This is not a time for a social outing. Leave family members at home where they are safe,” Secretary Mike Sandoval said. “Please shop alone. Every time you leave your house you put your family and community at risk,” adds Sandoval.

The department also advises New Mexicans follow COVID-19 precautions while shopping.

- Practice social distancing. Stay at least 6 feet away from those around you.
- Cover your coughs and sneezes with your elbow or tissue.
- If possible, wipe down your shopping cart and wash your hands for at least 20 seconds before and after unloading your groceries.

As part of New Mexico’s response to limit the spread of COVID-19, Gov. Michelle Lujan Grisham issued a public health order to stay home and self-isolate except for outings absolutely necessary for health, safety and welfare. You can learn more about the order and find other information related to COVID-19 at NewMexico.gov

The New Mexico Department of Transportation is using electronic message boards to remind communities to follow COVID-19 precautions.

SHOP ALONE
LIMIT EXPOSURE
STOP THE SPREAD

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