



**MX Champion Instructor Launches First Web-based Motocross Training Center! MX Tips and Embedded Video Tutorials Available to Online Visitors at [www.mxtrainingcenter.com](http://www.mxtrainingcenter.com)**

*Pro motocross instructor Gary Semics announced the launch of [www.mxtrainingcenter.com](http://www.mxtrainingcenter.com), a Web-based motocross training academy which makes available to online subscribers many of the tips and techniques he teaches to his roster of superstar MX clients including Jeremy McGrath, Ezra Lusk, Kevin Windham, and many others.*

LISBON, OH ([PRWEB](#)) July 26, 2004 -- As an incentive for riders to become acquainted with his step-by-step approach to motocross success, Semics allows visitors to his online school to participate in a four-day introductory course at no charge. Covered in the free online sessions are practice strategies, breaking and cornering tips, tips for attacking jumps, and the secret to negotiating whoops. A free tutorial on bike set-up is also available for download.

"For riders who find it difficult to physically attend the Gary Semics Motocross School ([www.mxraceschool.com](http://www.mxraceschool.com)), this online center can really help improve speed and confidence on the track," says Semics.

Riders who complete the initial series of free tutorials with embedded video clips and photos can subscribe to the site for just \$6.95 per month and continue to receive tutorials which teach what Semics terms "The 47 Absolute Techniques of Motocross".

Site subscribers are able to purchase gear and motocross parts from well known manufacturers like Scott USA, Fox Racewear and Pro Circuit at a 20 percent discount.

For more information on Semics' new online training center, visit [www.mxtrainingcenter.com](http://www.mxtrainingcenter.com) or contact the Webmaster Paul at (812) 240-9813 or Gary Semics at (330) 424-9295.

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**Online Web 2.0 Version**

You can read the online version of this press release [here](#).