Women in Trucking Association (WIT) Announces Partnership with Espyr to Support Professional Driver Health

WIT to provide drivers 90 days free Espyr behavioral health support programs

PLOVER, Wis. (PRWEB) April 09, 2020 -- Women in Trucking Association (WIT), a non-profit organization with the mission to promote the employment and recognition of women in the trucking industry, and Espyr®, the leading provider of customized behavioral health solutions, have announced a partnership to support professional driver health. The partnership will provide truck drivers who are members of WIT with 90 days free access to Espyr's Fit to Pass℠ coaching program and iResolve℠, Espyr's CDL Driver Support Hotline.

America depends on the trucking industry to provide food, medical supplies and other essential goods despite the challenges caused by the COVID-19 pandemic. Even in normal times, truck driving can be taxing on driver's physical and mental health. Add the impacts of COVID-19 – fear of contagion, closed restaurants, limited availability of restrooms and showers – and the toll on drivers' health is substantial.

Espyr's Fit to Pass℠ is a customized coaching program designed to improve the health of professional drivers and help them meet the physical requirements of the DOT recertification exam. iResolve™ is a tele-mental health solution that provides immediate support for driver mental health and work-life related issues. Drivers and their family members can speak with an Espyr mental health professional without an appointment and without waiting.

Espyr's professional driver health services will be provided to all current WIT members who are drivers thanks to the generosity of Amazon. "Our concern is for the nation's drivers who have to cope with the added challenges brought on by COVID-19 on a daily basis and need the support these programs can provide," said Chris Heine, Amazon's Director of Transportation and WIT Board member. "Drivers have always kept America moving. Now more than ever we need to care for them like they care for the products they haul."

"We are so pleased to be able to provide this much needed support to our driver members," said Ellen Voie, President and CEO of WIT. "Professional drivers are among the many unsung heroes helping us to live through these difficult times and we're very grateful to Amazon for providing the funding for these programs."

"Thank you, WIT and Amazon, for helping us support professional driver health," added Rick Taweel, CEO of Espyr. "While COVID-19 has created a mental health strain for everyone, the impact on professional drivers is especially significant because we all rely on them for the essentials of everyday life."

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About Women In Trucking Association, Inc.
Women In Trucking, Inc. is a nonprofit association established to encourage the employment of women in the trucking industry, promote their accomplishments and minimize obstacles faced by women working in the trucking industry. Membership is not limited to women, as 17 percent of its members are men who support the mission. Women In Trucking is supported by its members and the generosity of Gold Level Partners: Amazon, Arrow Truck Sales, BMO Transportation Finance, Daimler Trucks North America, Expediter Services, FedEx Freight, Great Dane, J.B. Hunt Transport, Michelin North America, Penske Transportation Solutions, PACCAR, Ryder System, Walmart, and Waste Management. Follow WIT on Twitter, Facebook, or LinkedIn.

For more information, visit www.womenintrucking.org or call 888-464-9482.

About Espyr
Espyr has been helping employees achieve and maintain good health – so they can perform at their best – for 30 years. Espyr's industry leading Behavioral Health Coaching and Assistance Programs are relied on by clients in the most challenging occupations. For more information on Espyr, go to espyr.com.

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